Know Your Upper and Lower Gastrointestinal Scopes

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She is also a contributing writer to the APC Answer Letter and has over 20 years of coding and auditing experience.

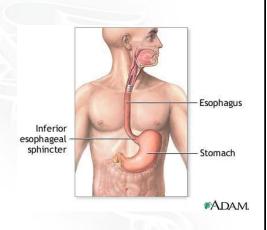
GI Topics of Discussion

- Anatomy of the Upper Gastrointestinal Tract
- Esophagoscopy
- Esophageal Dilation
- Esophagogastroduodenoscopy
- EGD with procedures
- Anatomy of the Lower Gastrointestinal Tract
- Colonoscopy
- Colonoscopy with procedures

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The Upper GI Tract

- Includes
 - Esophagus
 - -Stomach
 - Duodenum

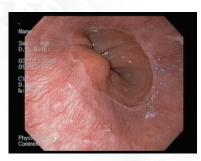


- Esophagus
 - Portion of the alimentary canal between the pharynx and stomach
 - Approximately 25 cm long
 - Consists of three parts
 - · Cervical part
 - From cricoid cartilage to the thoracic inlet
 - · Thoracic part
 - From the thoracic inlet to the diaphragm
 - · Abdominal part
 - Below the diaphragm to the cardiac opening of the stomach

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The Upper GI Tract

- Gastroesophageal junction
 - Junction between the esophagus and stomach
 - Not actually considered a valve
- Terminology
 - GE junction
 - Cardiac sphincter
 - Z-line



www.gastro.com

- Stomach
 - Between the esophagus and duodenum
 - Left upper part of the abdominal cavity
 - Top of stomach lies against the diaphragm
 - Pancreas behind the stomach
 - Two sphincters
 - · Esophageal sphincter
 - · Pyloric sphincter

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The Upper GI Tract

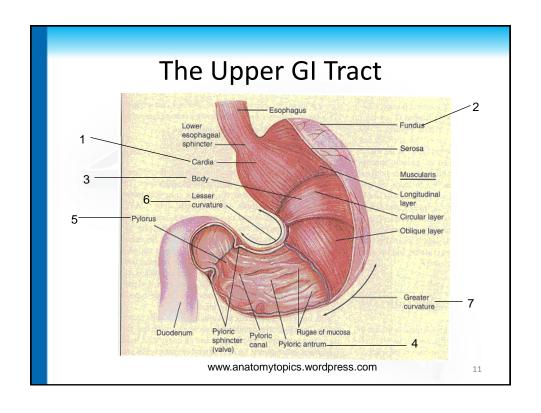
- Anatomic areas of the stomach
 - Cardia
 - Part of the stomach that receives the esophagus
 - Fundus
 - · Area of the stomach above the level of the cardia
 - · Located within the left dome of the diaphragm
 - Body
 - Also called corpus
 - Main part of the stomach between the cardia and pyloric antrum

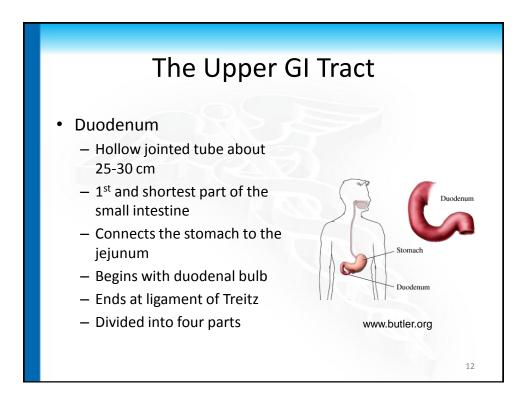
- · Anatomic areas of the stomach
 - Pyloric antrum
 - Funnel shaped region of the stomach that leads to the pylorus
 - Pylorus
 - · Last part of the stomach
 - Contains the pyloric sphincter
 - Muscle that allows emission of gastric juice into the duodenum

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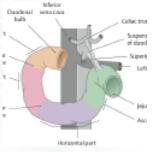
The Upper GI Tract

- Anatomic areas of the stomach
 - Lesser Curvature
 - Shorter, concave side from the cardia to the pylorus
 - Greater Curvature
 - · Long convex line leading from cardia to pylorus
 - · Next to spleen





- Parts of the duodenum
 - Superior
 - · First part of which is the duodenal cap
 - Extends from pyloric sphincter laterally to the right and posteriorly for about 2 inches
 - Descending
 - · Bile and pancreatic duct openings
 - Horizontal (inferior)
 - Ascending
 - Terminates at duodenojejunal junction



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Endoscopic Esophageal Procedures

- Esophagoscopy
 - Inspection of the interior of the esophagus by means of an endoscope
 - Limited to esophagus only
 - Rigid or flexible endoscope
 - Code range 43200 43232

Endoscopic Esophageal Procedures

- CPT® codes are available to describe:
 - Injection
 - Biopsy
 - Band ligation
 - Removal of foreign body
 - Removal of lesion by hot biopsy, bipolar cautery, snare
 - Insertion of stent
 - Dilation
 - Control of bleeding
 - Ablation
 - Ultrasound examination with or without biopsy

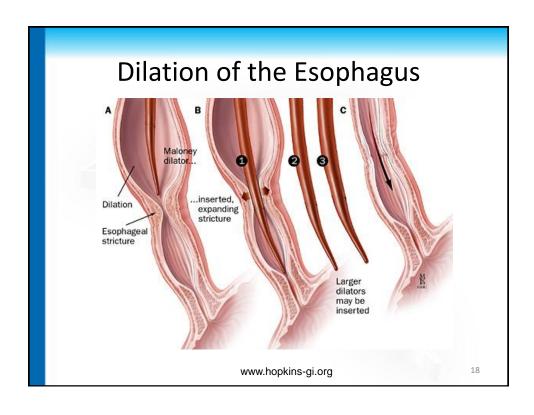
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Dilation of the Esophagus

- Therapeutic procedure performed to stretch or enlarge the narrowed portion of the esophagus
- Primarily utilized to relieve dysphagia
- · Causes of esophageal blockage/narrowing
 - Acid peptic stricture
 - Schatzki's ring
 - Achalasia
 - Ingestion of caustic agents
 - Tumors

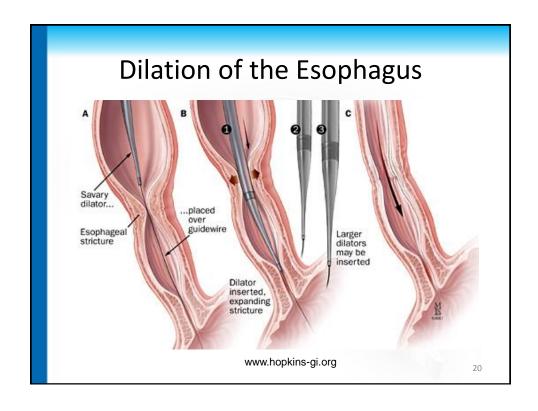
Dilation of the Esophagus

- Methods of Esophageal Dilation
 - Indirect visualization
 - Mercury or tungsten filled bougies
 - Maloney
 - Hurst
 - Passed blindly or under fluoroscopic control
 - Series of increasing thickness dilators passed
 - Simplest and quickest method of opening the esophagus
 - CPT® code 43450



Dilation of the Esophagus

- Methods of Esophageal Dilation
 - Indirect visualization
 - · Wire guided polyvinyl dilators
 - Savary-Gilliard
 - American
 - Endoscopy performed to pass guide wire into stomach
 - · Dilators then passed over guidewire
 - · Fluoroscopy may be utilized
 - Code 43226 is reported when procedure is performed during an esophagoscopy only



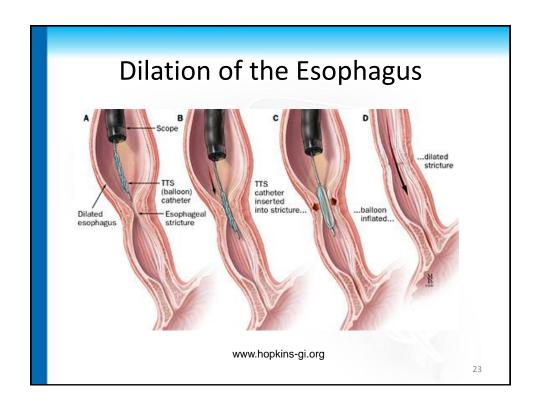
Dilation of the Esophagus

- Methods of Esophageal Dilation
 - Indirect visualization
 - Dilation over guidewire without endoscope
 - Fluoroscopy is utilized to visualize the placement of the guidewire
 - · Not frequently performed
 - CPT® code 43453 reported in these cases

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Dilation of the Esophagus

- Methods of Esophageal Dilation
 - Direct visualization
 - · "Through-the-scope" (TTS) balloon dilators
 - Endoscopy performed to visualize esophagus
 - Deflated balloon placed through the scope and across stricture
 - Endoscope remains in place while the balloon is inflated to a diameter of less than 30 mm
 - CPT® code 43220



- Esophagogastroduodenoscopy
 - Acronym = EGD
 - Direct visual examination of the upper gastrointestinal tract by means of a flexible fiberoptic endoscope
 - EGD describes a procedure in which the pyloric channel is traversed with the endoscope
 - Code range 43235 43259



Indications for EGD

- · Acute upper GI bleeding
- Dysphagia
- Dyspepsia
- Odynophagia
- Surveillance endoscopy
- Abnormalities on upper GI series
- Suspected gastric outlet obstruction

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Upper Gastrointestinal Endoscopy

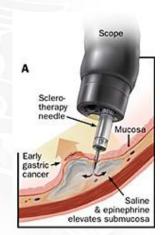
- CPT® codes are available to describe:
 - Biopsy
 - Injections
 - Removal of foreign body
 - Dilation
 - Hot biopsy or bipolar cautery treatment
 - Snare treatment
 - Ablation of lesion not amenable to treatment by hot biopsy, bipolar treatment, or snare
 - Control of bleeding
 - Ultrasound examination

- 43236 EGD with directed submucosal injection(s), any substance
 - Submucosa = supporting layer of connective tissue directly below a mucous membrane
 - Reported once regardless of the number of injections performed
 - Describes submucosal injection of any substance
 - India Ink
 - Botulinum toxin
 - Saline
 - Corticosteroids

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Upper Gastrointestinal Endoscopy

- 43236 EGD with directed submucosal injection(s), any substance
 - Not used to report injection sclerosis of esophageal and/or gastric varices
 - Documentation may indicate sclerotherapy needle used for injection
 - Not used to report injection of substances to control bleeding



www.hopkins-gi.org

- 43239 EGD with biopsy
 - Reported one time regardless of number of biopsies performed
 - Single lesion
 - Biopsy performed
 - Removed during same operative session
 - Report only code for removal of lesion

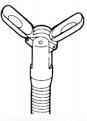


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Upper Gastrointestinal Endoscopy

- 43239 EGD with biopsy
 - Multiple lesions
 - Lesion(s) biopsied
 - Separate lesion(s) removed during same operative session by different technique
 - Report:
 - Biopsy code
 - Lesion removal code
 - Modifier -59 if indicated

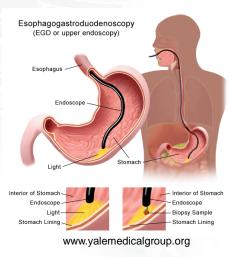


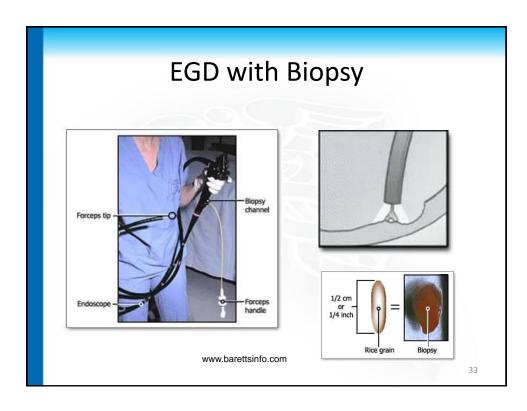
- EGD with biopsy Helicobacter pylori
 - Commercial kits (CLO test) available to detect presence of urease produced by H. Pylori
 - Typically involves obtaining a tissue biopsy via endoscope
 - EGD portion of procedure reported with 43239
 - Laboratory test for detection of H. pylori reported separately

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EGD with Biopsy

- Procedure
 - During EGD biopsy forceps are passed through a channel in the endoscope
 - Biopsy obtained with forceps
 - Forceps and biopsy are pulled back out of channel





- 43240 EGD with transmural drainage of pseudocyst
 - Describes endoscopically guided drainage of pseudocyst of the upper GI wall
 - Includes insertion of the drainage tube into the pseudocyst, when performed

EGD with transmural drainage of pseudocyst

Pancreatic Pseudocysts

- Intra- or extrapancreatic fluid collections
- Composed of pancreatic secretions and inflammatory debris
- Reactive granulation tissue walls off fluid collection

- Originates from leaks in pancreatic duct
- Etiology
 - Necrosis secondary to pancreatitis
 - Progressive ductal obstruction
 - Trauma

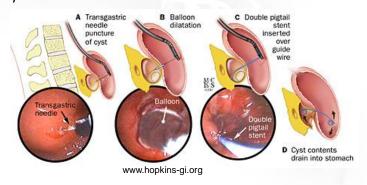
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EGD with transmural drainage of pseudocyst

- 43240 Transmural Puncture Procedure
 - Recommended for large non-communicating pseudocysts that compress the stomach or duodenum
 - Needle knife sphincterotomy is used to create small incision through gastric or duodenal wall into pseudocyst
 - Guidewire placed, followed by balloon dilatation

EGD with Transmural Drainage of Pseudocyst

- 43240 Transmural Puncture Procedure
 - Catheter double-pigtailed stents placed, decompressing the pseudocyst
 - Cyst contents drain into stomach



Upper Gastrointestinal Endoscopy

- 43242 EGD with transendoscopic US-guided intramural or transmural fine needle aspiration/biopsy(s)
 - Intramural biopsy
 - Within the walls of a hollow organ
 - Transmural biopsy
 - Across the wall of an organ or structure, including the entire thickness of the wall.

EUS Guided Fine Needle Aspiration or Biopsy

- Endoscope has small ultrasound transducer at tip
- Facilitates imaging of various structures from within the GI tract
- Allows sampling of tissue through FNA or biopsy
- Typically utilized in staging esophageal and gastric tumors
 - Allows sampling of paraesophageal nodes, celiac nodes and adrenals not accessible by bronchoscopy or mediastinoscopy



www.itonline.net 20

EUS Guided Fine Needle Aspiration or Biopsy

- 43242 EGD with transendoscopic US-guided intramural or transmural fine needle aspiration/biopsy(s)
 - Includes EUS of the upper GI tract wall
 - Esophagus
 - Stomach
 - Pylorus
 - Duodenum
 - Radiological S & I included
 - Reported one time regardless of number of biopsies performed

- EGD procedures for esophageal or gastric varices
- Two CPT codes for these procedures:
 - 43243 EGD with injection sclerosis
 - 43244 EGD with band ligation





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Esophageal/Gastric Varices

- Esophageal varices
 - Dilated submucosal veins in esophagus
 - Due to elevated pressure in venous system in the abdomen
 - Most often a consequence of cirrhosis
 - Bleeding is common complication
- Gastric varices
 - Dilated veins in stomach
 - Reported incidence → 20 70% in patients with esophageal varices
 - Without esophageal varices → splenic thrombosis may be present

EGD with Injection Sclerosis

- 43243 Procedure
 - EGD performed
 - Disposable injecting needle advanced through channel of endoscope
 - Needle introduced into the lumen of the varix
 - Sclerosing solution injected
 - Several varices injected at a session

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EGD with Injection Sclerosis

- Sclerosant Solutions
 - Produces immediate local reaction
 - Results in clot formation in varix
 - Inflammatory reaction produces local scarring which prevents formation of new venous channels
 - Ethanoloamine (Ethamolin)
 - Sodium morrhuate (Scleromate)
 - Sodium tetradecyl sulfate (Sotradecol, trobovein, Fibrovein)
 - These may be mixed with concentrated alcohol or dextrose solutions

EGD with Band Ligation

- 43244 Procedure
 - Based on rubber-band ligation of hemorrhoids technique
 - Up to 10 varices may be ligated with single passage of endoscope
 - EGD performed
 - Varix centered in field of view
 - Suction applied to pull varix into ligator cup
 - Trigger string on ligator pulled
 - Rubber band released around varix

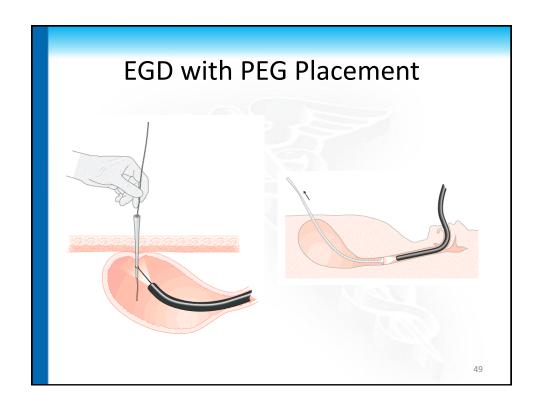
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- 43246 EGD with directed placement of percutaneous gastrostomy tube
 - Indications
 - Intact functional GI tract
 - Unable to consume sufficient calories to meet metabolic needs
 - Neurologic conditions
 - Impaired swallowing
 - Neoplasms
 - Oropharynx, larynx, esophagus

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EGD with PEG Placement

- 43246 Procedure
 - Most widely used technique is "pull" method
 - Includes
 - Gastric insufflation to bring the stomach into apposition to the abdominal wall
 - Percutaneous placement of a tapered cannula into the stomach
 - Passage of a suture or guidewire into the stomach
 - · Placement of gastrostomy tube
 - · Verification of proper position



EGD with Esophageal Dilation

- 43248 EGD with insertion of guide wire followed by dilation of esophagus over guide wire
- 43249 EGD with balloon dilation of esophagus (less than 30 mm diameter)

EGD with Esophageal Dilation

- 43248 Procedure
 - Endoscope inserted
 - Flexible tipped guide wire passed through the endoscope into the stomach
 - Endoscope withdrawn, leaving guide wire in place
 - Series of dilators are passed over the guide wire
 - After largest desired dilator utilized, guide wire and dilators removed

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EGD with Esophageal Dilation

- 43249 Procedure
 - TTS (Through the Scope) hydrostatic dilating balloon utilized
 - Appropriate sized balloon selected
 - Passed through the biopsy channel of the endoscope
 - Advanced under direct vision until its middle portion passes through the stricture

EGD with Esophageal Dilation

- 43249 Procedure
 - Balloon is compressed at stricture site
 - Gives the appearance of a "waist"
 - Balloon is then inflated until waist is fully expanded



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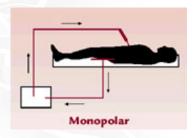
Upper Gastrointestinal Endoscopy

- 43250 EGD with removal of tumor(s), polyp(s) or other lesion(s) by hot biopsy forceps or bipolar cautery
 - Code reported only once, regardless of the number of lesions treated
 - Hot biopsy forceps vs. bipolar cautery are technical differences and do not warrant separate codes

Monopolar vs. Bipolar Cautery

Hot biopsy forceps

- Monopolar
- Heat created in the metal portion of the forceps cup
- Caused by current flowing from device through patient to a grounding pad

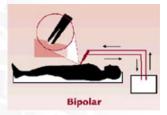


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Monopolar vs. Bipolar Cautery

Bipolar Cautery

- Current flows from generator to instrument
- Current runs from one portion of the tip of the forceps device to another portion of the forceps device
- Heats the metal used to cauterize and remove a lesion or polyp
- Flow returns to generator
- No dispersive "Bovie" pad needed



- 43251 EGD with removal of tumor(s), polyp(s), or other lesion(s) by snare technique
 - Code reported only once, regardless of the number of lesions treated
 - Remnants of lesion after use of a snare can be cauterized or ablated to completely destroy intended target
 - Only one technique should be reported to remove a unique polyp or lesion

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EGD with Removal of Tumor, Polyp, or Lesion by Snare Technique

- 43251 Snare Technique
 - Device which removes lesion from its attachment to gastric wall
 - Wire loop contained within an insulated plastic sheath extended into a lasso encircling lesion
 - Electrocautery current passed through snare
 - Results in cautery of the lesion's blood vessels
 - Specimen may need to be retrieved



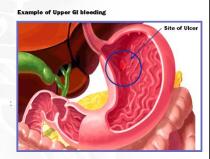


Endoscopic removal of gastric polyp

New Technology

- Endoscopic mucosal resection
 - Duette Multi-Band Mucosectomy Device
 - · Utilizes suction and banding
 - · Creates a "pseudopolyp"
 - · Removed in similar fashion to standard polypectomy
 - Creation of pseudopolyp via banding
 - · Relevant specialty societies recommend unlisted code
 - 43499 unlisted procedure, esophagus
 - 43999 unlisted procedure, stomach
 - Removal of pseudopolyp via snare
 - · Code for snare removal would also be reported
 - Contact your MAC for further reporting instructions

- 43255 EGD with control of bleeding, any method
 - Bleeding may be caused by:
 - · Peptic ulcer disease
 - Gastritis
 - Vascular malformations



www.stjohnprovidence.org

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EGD with Control of Bleeding

- Therapeutic modalities available for control of bleeding
 - Injection
 - Hypertonic saline
 - Epinephrine
 - 98% alcohol
 - Bipolar Electrocoagulation
 - BICAP probe therapy
 - Heater probe
 - Argon beam coagulation
 - Acrylic glue
 - Hemostatic clips
 - Nd:YAG laser



- 43256 EGD with transendoscopic stent placement
 - Describes transendoscopic gastroenteral stent placement
 - Includes predilation
 - Indicated for duodenal obstruction or gastric outlet strictures/obstructions



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EGD with Enteral Stent Placement

- 43256 TTS Procedure
 - Endoscope passed to site of obstruction
 - Guidewire placed beyond point of obstruction
 - Stent is passed over guidewire through working channel of endoscope
 - Stent deployed under direct endoscopic guidance
 - Fluoroscopy may also be utilized

EGD with Enteral Stent Placement

- Enteral® Wallstent
 - FDA approved for placement in the duodenum for gastric outlet obstruction



www.bostonscientific.com

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Upper Gastrointestinal Endoscopy

- 43257 EGD with delivery of thermal energy to the muscle of lower esophageal sphincter and/or gastric cardia
 - For treatment of gastroesophageal reflux disease
 - Stretta® System



Stretta System

- Endoscopically guided
- Stretta catheter placed through patient's mouth and into the valve between the stomach and esophagus
- Radiofrequency energy delivered to muscle of lower esophageal sphincter
- Creates small thermal lesions
- Lesions heal and tissue contracts resulting in improvement in GERD

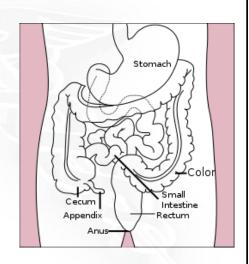
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Upper Gastrointestinal Endoscopy

- 43258 EGD with ablation of tumor(s), polyp(s) or other lesion(s) not amenable to removal by hot biopsy forceps, bipolar cautery or snare technique
 - Report once to include any number of tumors, polyps, or other lesions that are ablated
 - Indicates what techniques code should not be used for
 - Report when other techniques are used for lesion treatment
 - · Laser treatment



- Includes
 - Small intestine
 - Jejunum
 - Ileum
 - Large intestine
 - Cecum
 - Colon
 - Ascending colon
 - Transverse colon
 - Descending colon
 - Sigmoid flexure
 - Rectum
 - Anus

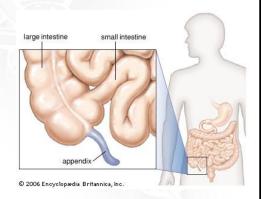


www.wikipedia.org

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The Lower GI Tract

- Large intestine
 - -Cecum
 - Connects ileum with ascending colon



The Lower GI Tract

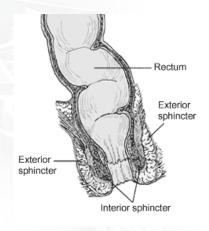
- Colon
 - Ascending colon
 - Hepatic flexure
 - Transverse colon
 - Splenic flexure
 - Descending colon
 - -Sigmoid flexure



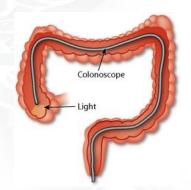
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The Lower GI Tract

- Rectum
 - Final portion of large intestine
- Anus
 - External opening of rectum



- Colonoscopy
 - Endoscopic examination of the colon
 - Rectum to cecum
 - May include examination of the terminal ileum
- CPT® code range
 - **-** 45378 45392



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Lower Gastrointestinal Endoscopy

- Indications for colonoscopy
 - Iron deficiency anemia
 - Hematochezia
 - Uncomplicated lower abdominal pain of at least 2 months duration
 - Change in bowel habits
 - Uncomplicated diarrhea
 - Evaluation of known ulcerative colitis or Crohn's disease
 - Screening for colorectal cancer
 - Surveillance after colonic polypectomy or resection of colon cancer

www.medicalcriteria.com

- CPT® codes are available to describe
 - Removal of foreign body
 - Biopsy
 - Control of bleeding
 - Ablation of tumors
 - Hot biopsy or bipolar cautery treatment
 - Snare procedure
 - Dilation
 - Stent placement
 - US examination and biopsy

7.

- 45379 Colonoscopy with removal of foreign body
 - Ingested foreign bodies
 - Usually pass colon embedded in stool
 - latrogenic foreign bodies
 - Biliary prosthesis
 - Metal stents
 - Foreign bodies introduced per rectum
 - Drug pouches
 - Sexual objects

- 45380 Colonoscopy with biopsy
 - Use of forceps to grasp and remove small piece of tissue without the application of cautery
 - May be referred to as cold biopsy, cold biopsy forceps or biopsy
 - Tissue biopsy
 - Abnormal mucosa
 - Lesion too large to remove
 - · Lesion or polyp



7-

- 45380 Colonoscopy with biopsy
 - Reported one time regardless of number of biopsies performed
 - -Single lesion
 - Biopsy performed
 - Removed during same operative session
 - Report only code for removal of lesion

- Multiple lesions
 - Lesion(s) biopsied
 - Separate lesion(s) removed during same operative session by different technique
 - Report:
 - Biopsy code
 - · Lesion removal code
 - Modifier -59 if indicated



- 45381 Colonoscopy with directed submucosal injection
 - Injection performed into submucosa with sheathed needle tipped catheter
 - Report in addition to additional therapeutic procedure
 - Not reported to control bleeding
 - Types of injections
 - Saline utilized to lift polyp
 - India ink utilized to tattoo area to enable later identification of site during subsequent procedure or surgery

- 45382 Colonoscopy with control of bleeding
 - Includes methods
 - Injection
 - Bipolar cautery
 - Unipolar cautery
 - Laser
 - · Heater probe
 - Stapler
 - Plasma coagulation



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- 45382 Colonoscopy with control of bleeding
 - Report code only once even if multiple types of modalities are utilized
 - Do not report for control of bleeding related to an intervention in the same session



- 45383 Colonoscopy with ablation of tumor(s), polyp(s) or other lesion(s) not amenable to removal by hot biopsy forceps, bipolar cautery or snare technique
 - Indicates what techniques code should not be used for
 - Ablation = removal of a growth or harmful tissue
 - In GI usually refers to cauterization of polyp when unable to be removed by other techniques

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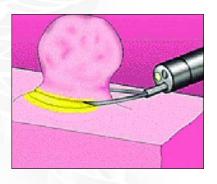
- 45383 Colonoscopy with ablation of tumor(s), polyp(s) or other lesion(s) not amenable to removal by hot biopsy forceps, bipolar cautery or snare technique
 - Ablation devices
 - Argon plasma coagulator
 - · Heater probe
 - Cryotherapy



- 45384 Colonoscopy with removal of tumor(s), polyp(s) or other lesion(s) by hot biopsy forceps or bipolar cautery
 - Removes and cauterizes polyp/lesion at same time
 - Report only once per colonoscopy



- 45385 Colonoscopy with removal of tumor(s), polyp(s) or other lesion(s) by snare technique
 - Most common method of removal of larger polyps
 - Consists of wire loop that heats up
 - Used to shave off the polyp



www.jpp.krakow.pl

- 45386 Colonoscopy with balloon dilation
 - Used to treat benign stenoses
 - · Crohn's disease
 - Ischemic colitis
 - NSAID colitis
 - Postoperative strictures
 - Report once even if more than 1 stricture is dilated



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Colonoscopy with Balloon Dilation

- Procedure
 - Balloon passed through working channel of colonoscope
 - Placed under direct vision (TTS)
 - Balloon expanded
 - Balloon deflated and removed







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- 45387 Colonoscopy with stent placement
 - Used in the treatment of malignant colorectal obstruction
 - Preoperative decompression
 - Palliation
 - Includes predilation of the stricture
 - Do not report 45386 in conjunction with 45387

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Colonoscopy with Stent Placement

- Procedure
 - Endoscope advanced to site of lesion
 - Guidewire and catheter advanced through obstruction
 - Guidewire replaced by stiff guidewire
 - Delivery system introduced
 - Stent deployed with endoscopic and radiographic guidance

Colonoscopy with Stent Placement

- Types of colonic stents
 - Wallstent Enteral
 - Ultraflex Precision
 - Z Stent



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Resource/Reference List

- CPT® Assistant June 2010, Volume 20, Issue 6, page 4
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- www.supercoder.com
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- Gastroenterology Coding Alert/2010, Vol. 12, No. 4

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