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# 3. Endocrine, Nutritional and Metabolic Diseases, and Immunity Disorders(240-279)

**EXCLUDES** endocrine and metabolic disturbances specific to the fetus and newborn (775.0-775.9)

NOTE All neoplasms, whether functionally active or not, are classified in Chapter 2. Codes in Chapter 3 (i.e., 242.8, 246.0, 251-253, 255-259) may be used to identify such functional activity associated with any neoplasm, or by ectopic endocrine tissue.

## **Disorders of Thyroid Gland (240-246)**

#### 240 Simple and unspecified goiter

DEF: An enlarged thyroid gland often caused by an inadequate dietary intake of iodine.

#### 240.0 Goiter, specified as simple

Any condition classifiable to 240.9, specified as simple

#### 240.9 Goiter, unspecified

Enlargement of thyroid Goiter or struma: NOS diffuse colloid endemic hyperplastic

nontoxic (diffuse) parenchymatous sporadic

**EXCLUDES** congenital (dyshormonogenic) goiter (246.1)

#### 241 Nontoxic nodular goiter

**EXCLUDES** adenoma of thyroid (226) cystadenoma of thyroid (226)

#### 241.0 Nontoxic uninodular goiter

Thyroid nodule

Uninodular goiter (nontoxic)

**DEF:** Enlarged thyroid, commonly due to decreased thyroid production, with single nodule; no clinical hypothyroidism. **E04.1** Nontoxic single thyroid nodule

### 241.1 Nontoxic multinodular goiter

Multinodular goiter (nontoxic)

**DEF:** Enlarged thyroid, commonly due to decreased thyroid production with multiple nodules; no clinical hypothyroidism.

## 241.9 Unspecified nontoxic nodular goiter

Adenomatous goiter Nodular goiter (nontoxic) NOS Struma nodosa (simplex)

### 242 Thyrotoxicosis with or without goiter

**EXCLUDES** neonatal thyrotoxicosis (775.3)

**DEF:** A condition caused by excess quantities of thyroid hormones being introduced into the tissues

The following fifth-digit subclassification is for use with categories 242:

0 without mention of thyrotoxic crisis or storm

1 with mention of thyrotoxic crisis or storm

## § 5 242.0 Toxic diffuse goiter

[0-1] Basedow's disease

Exophthalmic or toxic goiter NOS

Graves' disease

Primary thyroid hyperplasia

**DEF:** Diffuse thyroid enlargement accompanied by hyperthyroidism, bulging eyes, and dermopathy.

## § 5 242.1 Toxic uninodular goiter

Thyroid nodule Uninodular goiter

toxic or with hyperthyroidism

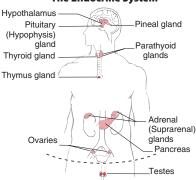
**DEF:** Symptomatic hyperthyroidism with a single nodule on the enlarged thyroid gland. Abrupt onset of symptoms; including extreme nervousness, insomnia, weight loss, tremors, and psychosis or coma.

## § ೂ 242.2 Toxic multinodular goiter

Secondary thyroid hyperplasia

**DEF:** Symptomatic hyperthyroidism with multiple nodules on the enlarged thyroid gland. Abrupt onset of symptoms; including extreme nervousness, insomnia, weight loss, tremors, and psychosis or coma.

### The Endocrine System



#### § 5th 242.3 Toxic nodular goiter, unspecified

Adenomatous goiter Nodular goiter toxic or with hyperthyroidism Struma nodosa

Any condition classifiable to 241.9 specified as toxic or with hyperthyroidism

# § 242.4 Thyrotoxicosis from ectopic thyroid nodule

[0-1]

#### § 5 242.8 Thyrotoxicosis of other specified origin

Overproduction of thyroid-stimulating hormone [TSH] Thyrotoxicosis:

factitia from ingestion of excessive thyroid material Use additional E code to identify cause, if drug-induced

#### § 242.9 Thyrotoxicosis without mention of goiter or other [0-1] **cause**

Hyperthyroidism NOS Thyrotoxicosis NOS

E05.90 Thyrotoxicosis uns w/o thyrotoxic crisis or storm

#### 243 Congenital hypothyroidism

Congenital thyroid insufficiency Cretinism (athyrotic) (endemic)

Use additional code to identify associated mental retardation

**EXCLUDES** congenital (dyshormonogenic) goiter (246.1)

**DEF:** Underproduction of thyroid hormone present from birth.

## 244 Acquired hypothyroidism

**INCLUDES** athyroidism (acquired) hypothyroidism (acquired) myxedema (adult) (juvenile) thyroid (gland) insufficiency (acquired)

## 244.0 Postsurgical hypothyroidism

**DEF:** Underproduction of thyroid hormone due to surgical removal of all or part of the thyroid gland. E89.0 Postprocedural hypothyroidism I-10

## 244.1 Other postablative hypothyroidism

Hypothyroidism following therapy, such as irradiation

## 244.2 Iodine hypothyroidism

Hypothyroidism resulting from administration or ingestion of iodide

Use additional E code to identify drug

#### 244.3 Other iatrogenic hypothyroidism

Hypothyroidism resulting from: P-aminosalicylic acid [PAS] Phenylbutazone Resorcinol

latrogenic hypothyroidism NOS

Use additional E code to identify drug

#### 244.8 Other specified acquired hypothyroidism

Secondary hypothyroidism NEC

AHA: J-A, '85, 9

## 244.9 Unspecified hypothyroidism

Hypothyroidism primary or NOS Myxedema AHA: 30, '99, 19: 40, '96, 29

E03.9 Hypothyroidism unspecified

Additional Digit Required

**Unspecified Code** 

Other Specified Code

Manifestation Code

► < Revised Text

New Code

▲ Revised Code Title

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Diseases of the Circulatory System

## 7. Diseases of the Circulatory System (390-459)

#### 424 Other diseases of endocardium

**EXCLUDES** bacterial endocarditis (421.0-421.9) rheumatic endocarditis (391.1. 394.0-397.9) syphilitic endocarditis (093.20-093.24)

#### 424.0 Mitral valve disorders

Mitral (valve):

incompetence insufficiency regurgitation

NOS of specified cause, except rheumatic

**EXCLUDES** mitral (valve):

disease (394.9) failure (394.9) stenosis (394.0) the listed conditions:

specified as rheumatic (394.1) unspecified as to cause but with mention of:

diseases of aortic valve (396.0-396.9) mitral stenosis or obstruction (394.2)

AHA: 3Q, '06, 7; 2Q, '00, 16; 3Q, '98, 11; N-D, '87, 8; N-D, '84, 8 134.8 Other nonrheumatic mitral valve disorders

#### 424.1 Aortic valve disorders

Aortic (valve):

incompetence insufficiency regurgitation stenosis

NOS of specified cause, except rheumatic

**EXCLUDES** hypertrophic subaortic stenosis (425.1) that specified as rheumatic (395.0-395.9) that of unspecified cause but with mention of diseases of mitral valve (396.0-396.9)

AHA: 4Q, '08, 179; 4Q, '88, 8; N-D, '87, 8

#### 424.2 Tricuspid valve disorders, specified as nonrheumatic

Tricuspid valve:

incompetence insufficiency regurgitation stenosis

of specified cause, except rheumatic

**EXCLUDES** rheumatic or of unspecified cause (397.0)

#### **Heart Valve Disorders**



Incompetent valve (trouble closing)



causes regurgitation (backflow of blood)

Great vein

(vena cava or

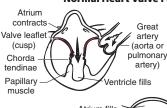
pulmonary vein)

Insufficient valve (unable to close completely)

Shortened fused chorda tendinae

Ventricular hypertrophy

#### Normal Heart Valve Function





#### 424.3 Pulmonary valve disorders

Pulmonic: Pulmonic: incompetence NOS regurgitation NOS insufficiency NOS stenosis NOS **EXCLUDES** that specified as rheumatic (397.1)

#### 424.9 Endocarditis, valve unspecified

# 424.90 Endocarditis, valve unspecified, unspecified

Endocarditis (chronic): NOS nonbacterial thrombotic Valvular:

incompetence insufficiency of unspecified valve, regurgitation unspecified cause stenosis

Valvulitis (chronic)

138 Endocarditis valve unspecified

#### 424.91 Endocarditis in diseases classified elsewhere

Code first underlying disease as: atypical verrucous endocarditis [Libman-Sacks]

disseminated lupus erythematosus (710.0) tuberculosis (017.9)

**EXCLUDES** syphilitic (093.20-093.24)

#### 424.99 Other

Any condition classifiable to 424.90 with specified cause, except rheumatic

**EXCLUDES** endocardial fibroelastosis (425.3) that specified as rheumatic (397.9)

#### 425 Cardiomyopathy

**INCLUDES** myocardiopathy

AHA: J-A, '85, 15

#### 425.0 Endomyocardial fibrosis

## 425.1 Hypertrophic obstructive cardiomyopathy

Hypertrophic subaortic stenosis (idiopathic)

**DEF:** Cardiomyopathy marked by left ventricle hypertrophy, enlarged septum; results in obstructed blood flow.

## 425.2 Obscure cardiomyopathy of Africa

Becker's disease

Idiopathic mural endomyocardial disease

### 425.3 Endocardial fibroelastosis

Elastomyofibrosis

**DEF:** A condition marked by left ventricle hypertrophy and conversion of the endocardium into a thick fibroelastic coat; capacity of the ventricle may be reduced, but is often increased.

## 425.4 Other primary cardiomyopathies

Cardiomyopathy: Cardiomyopathy: NOS idiopathic nonobstructive congestive constrictive obstructive familial restrictive

Cardiovascular collagenosis hypertrophic **AHA:** ▶4Q, '09, 141; ◀ 1Q, '07, 20; 2Q, '05, 14; 1Q, '00, 22; 4Q, '97, 55;

20, '90, 19 TIP: For congestive cardiomyopathy, assign first a code for the CHF (category 428) if the treatment is directed toward the CHF. **142.8** Other cardiomyopathies

## 425.5 Alcoholic cardiomyopathy

**DEF:** Heart disease as result of excess alcohol consumption. AHA: S-O. '85, 15

#### 425.7 Nutritional and metabolic cardiomyopathy

Code first underlying disease, as: amyloidosis (277.30-277.39) beriberi (265.0) cardiac glycogenosis (271.0) mucopolysaccharidosis (277.5) thyrotoxicosis (242.0-242.9)

**EXCLUDES** gouty tophi of heart (274.82)

Newborn Age: 0

Pediatric Age: 0-17

Maternity Age: 12-55

Adult Age: 15-124

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#### 425.8 Cardiomyopathy in other diseases classified elsewhere

Code first underlying disease, as: Friedreich's ataxia (334.0) myotonia atrophica (359.21) progressive muscular dystrophy (359.1) sarcoidosis (135)

**EXCLUDES** cardiomyopathy in Chagas' disease (086.0) AHA: 2Q, '93, 9

143 Cardiomyopathy in diseases classified elsewhere

### 425.9 Secondary cardiomyopathy, unspecified

#### 426 Conduction disorders

**DEF:** Disruption or disturbance in the electrical impulses that regulate

#### 426.0 Atrioventricular block, complete

Third degree atrioventricular block

AHA: 20, '06, 14

TIP: Assign if documentation indicates intermittent complete heart

### 426.1 Atrioventricular block, other and unspecified

AHA: 2Q, '06, 14

**TIP:** Assign separate codes for each type of AV block documented.

## 426.10 Atrioventricular block, unspecified

Atrioventricular [AV] block (incomplete) (partial)

## 426.11 First degree atrioventricular block

Incomplete atrioventricular block, first degree Prolonged P-R interval NOS

AHA: 20, '06, 14

144.0 Atrioventricular block first degree

#### 426.12 Mobitz (type) II atrioventricular block

Incomplete atrioventricular block:

Mobitz (type) II

second degree, Mobitz (type) II

**DEF:** Impaired conduction of excitatory impulse from cardiac atrium to ventricle through AV node.

AHA: 2Q, '06, 14

## 426.13 Other second degree atrioventricular block

Incomplete atrioventricular block: Mobitz (type) I [Wenckebach's]

second degree:

NOS

Mobitz (type) I

with 2:1 atrioventricular response [block]

Wenckebach's phenomenon

**DEF:** Wenckebach's phenomenon: impulses generated at constant rate to sinus node, P-R interval lengthens; results in cycle of ventricular inadequacy and shortened P-R interval; second-degree A-V block commonly called "Mobitz type 1."

## 426.2 Left bundle branch hemiblock

Block: Block:

left anterior fascicular left posterior fascicular

## 426.3 Other left bundle branch block

Left bundle branch block:

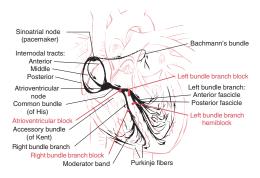
anterior fascicular with posterior fascicular

complete

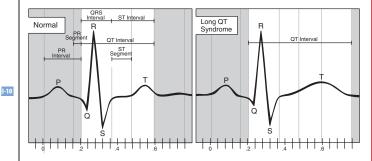
main stem

144.7 Left bundle-branch block unspecified

#### Nerve Conduction of the Heart



#### **Normal and Long QT Electrocardiogram**



#### 426.4 Right bundle branch block

AHA: 3Q, '00, 3

145.10 Unspecified right bundle-branch block

## 426.5 Bundle branch block, other and unspecified

426.50 Bundle branch block, unspecified

426.51 Right bundle branch block and left posterior fascicular block

426.52 Right bundle branch block and left anterior fascicular block

#### 426,53 Other bilateral bundle branch block

Bifascicular block NOS Bilateral bundle branch block NOS Right bundle branch with left bundle branch block (incomplete) (main stem)

#### 426.54 Trifascicular block

## 426.6 Other heart block

Intraventricular block

NOS

diffuse

myofibrillar

Sinoatrial block

Sinoauricular block

#### 426.7 Anomalous atrioventricular excitation

Atrioventricular conduction:

accelerated

accessory

pre-excitation

Ventricular pre-excitation

Wolff-Parkinson-White syndrome

**DEF:** Wolff-Parkinson-White: normal conduction pathway is bypassed; results in short P-R interval on EKG; tendency to supraventricular tachycardia.

## 426.8 Other specified conduction disorders

## 426.81 Lown-Ganong-Levine syndrome

Syndrome of short P-R interval, normal QRS complexes, and supraventricular tachycardias

#### 426.82 Long QT syndrome

**DEF:** Condition characterized by recurrent syncope, malignant arrhythmias, and sudden death; characteristic prolonged Q-T interval on electrocardiogram. AHA: 4Q, '05, 72

## 426.89 Other

Dissociation:

atrioventricular [AV]

interference

isorhythmic

Nonparoxysmal AV nodal tachycardia

## 426.9 Conduction disorder, unspecified

Heart block NOS

Stokes-Adams syndrome

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